

## **Loosen Up! with Trish Beckham**

### **Supplies**

Oil paints - warm and cool of each of the primaries plus titanium white.

Palette - (I use Grey Matters Paper Palette)

Painting knives - at least two sizes

Credit card or similar scraper

Canvas or board

Paper towels (I use Bounty)

Gamsol

Photo references to work from

Extras - q tips for wiping out

Brush or charcoal for initial  
design

Gloves

Baby wipes for artist clean up